

You are invited to the following activities for women enrolled at VA Central Iowa



<p>Good luck to the women attending the National Veterans Golden Age Games in Detroit, MI July 10-14, 2016!!!!</p> <p>Reminder to check out the VA website for other activities open to all veterans, such as bike rides and more. Go to <a href="http://www.centraliowa.va.gov">www.centraliowa.va.gov</a> and then go to calendar listed towards the bottom on the right side.</p>	
<p>Sept 7-8, 2016-Overnight retreat at Camp Wesley Woods in Indianola, IA. More details to come but save the dates!</p>	

For questions, please contact Suzanne Anderson, Music Therapist at 699-5999 x4949  
or e-mail [Suzanne.anderson4@va.gov](mailto:Suzanne.anderson4@va.gov)  
or Joni Osmundson, Recreation Therapist at 699-5999 x4980  
or e-mail [joni.osmundson@va.gov](mailto:joni.osmundson@va.gov)